



Self-Care:
CEREC Crown
Veneer
Onlay
Inlay

Caring for your new crown, veneer, onlay or inlay

Your **custom** restoration was made in the dental office with a CEREC CAD CAM machine. Directly after your visit, it's ok to eat and drink. The CEREC crown is a bonded restoration, and is very strong. However, it is made out of porcelain, which is a glass, so use caution with extremely hard foods.

If your bite feels uneven or uncomfortable, let us know so we can adjust it. It is possible for a tooth to become sore or extremely sensitive as a result of an uneven bite. DO NOT let an uneven bite go on for more than a week.

Due to the nature of work needed to be completed on the tooth, 25% of all crowns go on to need root canals in the future. This number does not warrant all crowns to have a root canal. Please be aware of this.

Sensitivity is a normal process of getting dental work completed. If your sensitivity turns into a throbbing ache, we need to look at it.

Please use ACT mouthwash nightly for sensitivity concerns.

If you have any questions or concerns not addressed, be sure to give us a call at 303-975-6987.